



## SECTION 4

### TEST II SAMPLE QUESTIONS

This section of the Georgia Assessments for the Certification of Educators® (GACE™) Preparation Guide provides sample selected-response questions with an annotated answer key for you to review as part of your preparation for the test. The sample selected-response questions are designed to illustrate the nature of the test questions. Work through the questions carefully before referring to the annotated answer key, which follows the sample selected-response questions. The answer key provides the correct response to each question, describes why each correct response is the best answer, and lists the objective within the test framework to which each question is linked.

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## QUESTIONS

1. Which of the following characteristic behaviors is most likely to be beneficial in developing a healthy self-concept?
  - A. thinking pleasant thoughts to avoid focusing on unpleasantness
  - B. emulating the behaviors of a respected person
  - C. viewing life events as normal and generally positive
  - D. justifying one's own and others' negative behaviors as necessary developmental tasks
  
2. A codependent person in a relationship with another individual is best described as someone who:
  - A. uses drugs compulsively despite the other person's attempts to get him or her to seek treatment.
  - B. helps the other person feel accepted and supported.
  - C. ignores his or her own needs and focuses on supporting the other person's addictive needs.
  - D. shares a significant number of interests with the other person.
  
3. In the weeks following the death of a favorite grandparent due to illness, a seven-year-old boy shows less interest in the company of friends than he formerly did, preferring to play alone. He also sleeps more than he did before, and often voluntarily goes to bed before his usual bedtime. These changes in behavior most likely indicate that the child is:
  - A. recovering from psychological exhaustion and needs plenty of rest.
  - B. grieving the loss of a close loved one in an age-appropriate way.
  - C. suffering from depression and needs counseling from a professional who works with children.
  - D. fearful and needs to be reassured that his parents are healthy and will be present to meet his needs.

4. Which of the following best explains why dietary guidelines often recommend that women of child-bearing age include extra folic acid in their diets?
- A. High levels of folic acid are needed for successful implantation of the fertilized egg early in pregnancy.
  - B. Low folic acid levels during pregnancy can lead to severe cardiac problems in the newborn.
  - C. High levels of folic acid are needed for synthesizing the hormones that control the fetal growth rate.
  - D. Low folic acid levels during pregnancy can lead to neural tube defects in the newborn.
5. Which of the following best describes a characteristic that distinguishes managed-care health plans from other types of health plans?
- A. Managed-care patients must pay in full for services rendered at the time of the visit.
  - B. Managed-care patients are required to have the least expensive medical tests performed first.
  - C. Managed-care patients are only allowed to visit physicians who are registered with the plan's network.
  - D. Managed-care patients must enroll in a health club and schedule regular appointments for preventive care.
6. A family is on a summer hiking trip in a wilderness area of Georgia. Which of the following instructions should the parents give to their six-year-old child in case the child becomes lost?
- A. "Walk downhill until you come to a stream and then follow it downstream."
  - B. "Stay where you are until someone comes to find you."
  - C. "Climb to the highest point that you can see and try to locate any campsites in the area."
  - D. "Retrace your steps until you come to a place you recognize."
7. Which of the following actions should a person take if he or she is caught in the open during a thunderstorm?
- A. Shelter under a large tree until the storm has passed.
  - B. Lie flat on the highest exposed point that lacks trees.
  - C. Move rapidly away from the area where lightning last struck.
  - D. Crouch in a depression or ditch until the storm has passed.

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8. After summoning medical help, which of the following procedures is most important to use in caring for a conscious individual who appears to be in shock?
- A. Lay the individual down with the head lower than the feet, loosen restrictive clothing, and keep him or her warm.
  - B. Place the individual in the recovery position and gently massage the individual's temples and wrists.
  - C. Keep the individual moving and try to engage him or her in conversation to maintain alertness.
  - D. Place the individual in a supported seated position and give him or her a small sip of salted water every few minutes.
9. In a crowded hallway between classes, Nicole, a ninth grader, is jostled by Claire, an older and taller student. Claire then angrily accuses Nicole of having shoved her. Which of the following strategies is most likely to help Nicole minimize the risk of violence and keep herself safe?
- A. using assertiveness skills to insist on her innocence
  - B. using conflict-resolution skills to reach a compromise with Claire
  - C. using refusal skills to walk away from the situation
  - D. using active-listening skills to understand Claire's point of view
10. Which of the following best describes the primary mission of Alateen?
- A. offering support to teenagers who have a friend or family member who is an alcoholic
  - B. mobilizing teenagers to lobby for stiffer laws against drunk driving
  - C. providing schools with assistance in setting up alcohol abuse prevention programs for teenagers
  - D. helping teenage alcoholics abstain from further use of alcohol

## ANNOTATED ANSWER KEY

For question	The correct response is	Reason	Test Objective
1	C	An individual who has a healthy self-concept tends to view life events as normal and generally positive. Good mental health involves the ability to maintain a generally positive outlook; to take things in stride; and to avoid dwelling on unpleasant events, personal shortcomings, or the negative actions of others. Individuals with a healthy self-concept and positive self-esteem view themselves as capable of dealing with life's ups and downs; they respect themselves, their abilities, and their judgment skills. This type of psychological well-being benefits personal health as well as relationships with others.	0011
2	C	A codependent relationship is one that is typically one-sided and emotionally damaging. Sometimes known as "relationship addiction," codependency may affect a partner, spouse, parent, sibling, or friend of a person with an alcohol or drug dependence. It is a behavioral condition that can be passed down from one generation to another or learned by imitating others who maintain interpersonal relationships with an addicted, dysfunctional, or mentally ill individual. Codependent people repress emotions and disregard their needs in order to care for loved ones; they can become detached and may develop their own compulsions or addictions in an attempt to feel better.	0012
3	B	A seven-year-old child whose response to the death of a close relative includes showing less interest in playing with others and sleeping more than usual is exhibiting behavior that is typical and appropriate for the child's age and developmental level. The parents/guardians and other family members can acknowledge the impact of the grandparent's passing, provide support and comfort, and allow the child to cope with the loss in his own time and way.	0013
4	D	Factors and considerations involved in family planning include attending to proper nutrition prior to and during pregnancy to help ensure optimal health of mother and newborn. Women of child-bearing age and pregnant women benefit from extra folic acid in their diet because of its role in helping prevent neural tube defects (i.e., defects of the spine, brain, or their coverings) and other birth defects such as congenital heart disease and cleft palate. Folic acid is an essential nutrient for a pregnant woman to include in her diet; it is easily taken as a supplement and is present in dark green leafy vegetables, beans, citrus fruits, and fortified cereals and breads.	0014

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For question	The correct response is	Reason	Test Objective
5	C	A managed-care health plan is a system that controls the financing and delivery of services to members who are enrolled in a specific plan. The three major types of managed-care plans are health maintenance organizations (HMOs), preferred provider organizations (PPOs), and point-of-service (POS) plans. In each of these plans, contractual arrangements are made with health-care providers who together form a "provider network." Individuals and families who subscribe to these plans are required to see physicians registered within their plan's provider network. Members are not required to pay for services at the time of visits, to enroll in health clubs and schedule regular preventive visits, or to have the least expensive medical tests performed first.	0015
6	B	To promote children's development of personal safety strategies, parents and caregivers should try to anticipate inherent risks and dangers associated with activities and discuss with children safety precautions in the context of those activities. Before a hike, a six-year-old child should be reminded about the dangers of wandering out of sight and be instructed to stay put if he or she becomes lost. This strategy allows parents and others to make a quick search of the area in which the child was last seen. Advising the child to hike to another spot or change locations can expose the child to further risks.	0016
7	D	Although the risk of being struck by lightning while outdoors during a thunderstorm may be small, an individual who knows appropriate safety practices for such an occurrence minimizes the risk even further. Because lightning tends to strike the highest point around and to travel along the path of least resistance, it is best to avoid tall isolated trees and elevated land. Even standing in an open area increases one's risk; it is best to drop to the ground. The best safety strategy is to crouch or kneel in a depression or ditch until the storm passes.	0017
8	A	Proper procedures for administering emergency care to a conscious individual in shock include reassuring the victim, laying the victim down with feet elevated, loosening restrictive clothing, and maintaining body temperature. Shock can accompany a serious injury or traumatic event and arises when the blood supply, which carries oxygen to all body systems, slows down. Tight or restrictive clothing should be loosened to aid in breathing and blood circulation. The feet and legs should be elevated to direct blood flow toward the brain. The individual should be kept still and warm until help arrives because shock can cause a decrease in core temperature and unnecessary movement increases its effects.	0018

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For question	The correct response is	Reason	Test Objective
9	C	In this situation, Claire, the older and taller student who bullies Nicole, is angry and seems to want to provoke a further confrontation. To avoid escalating the situation and to minimize the risk of violence, Nicole should simply walk away from the situation. By refusing to respond and become involved, Nicole is using an effective strategy to head off any further conflict and keep herself safe. Insisting that she is innocent, negotiating to reach a compromise, or using active listening skills are likely to be ineffective in dealing with a bully, and would probably exacerbate the situation.	0019
10	A	Alateen, which is part of Al-Anon, is a network of community-based support programs for young people aged 12 to 20 who are affected by a problem drinker. Alateen's mission is to help teenagers who have an alcoholic parent, relative, or friend overcome the effects of living with the problem drinking. In Alateen meetings supervised by adult Al-Anon members, young people share their experiences and ideas in order to gain an understanding of alcoholism as an illness. The goal of the organization is to help teenagers learn to accept alcoholism as an illness so it will have less of an impact on their lives and they will be better able to focus on their own development.	0020