



SECTION 2

TEST I SAMPLE QUESTIONS

This section of the Georgia Assessments for the Certification of Educators® (GACE™) Preparation Guide provides sample selected-response questions with an annotated answer key for you to review as part of your preparation for the test. The sample selected-response questions are designed to illustrate the nature of the test questions. Work through the questions carefully before referring to the annotated answer key, which follows the sample selected-response questions. The answer key provides the correct response to each question, describes why each correct response is the best answer, and lists the objective within the test framework to which each question is linked.

QUESTIONS

1. Several weeks ago Todd's sister said something to him that hurt his feelings. Although she has offered a sincere apology, Todd is still bothered by the incident. In order for Todd to maintain a positive relationship with his sister, it is most important that he:
 - A. forgive her and put the issue in the past.
 - B. work on ways to avoid having conflicts with her in the future.
 - C. determine what she can do to make up for the comment.
 - D. insist that she see the situation from his perspective.
2. Carole's company can no longer offer her employment in their office in her community. However, the company has offered her employment in one of its offices in a different part of the country. Her husband, Jake, is upset because if they relocate, he will have to find a new job. However, Carole and Jake have agreed to consider the company's offer. It would be most appropriate for them to begin the decision-making process by:
 - A. discussing the reasons for the company's decision.
 - B. making a list of points in favor of and against relocating.
 - C. informing important people in their lives about the situation.
 - D. identifying all possible solutions to their problem.
3. Gayle is a twenty-one-year-old woman who has recently graduated from college. She is creating a life plan that consists of community-centered goals that she feels will contribute to equality and justice in her community. To ensure that her life plan is realistic and manageable, it is most important that Gayle include which of the following in her life plan?
 - A. an inventory of the skills, knowledge, and dispositions she possesses that relate to her community goals
 - B. a personal statement regarding expressing her motivation to achieve her community goals
 - C. ideas for incorporating her goals regarding family, learning, leisure, and career with her community goals
 - D. a list of the people in her life who can assist her in achieving her community goals

4. Which of the following statements is best supported by Piaget's theory of cognitive development?
- A. Exposure to positive stimuli within the first few years of life is essential for a child's long-term overall development.
 - B. Children learn primarily through observing the behaviors of others and the outcomes that result from those behaviors.
 - C. Thinking and reasoning skills are taught to children through social interactions with adults.
 - D. Children think and reason about situations and experiences differently at different ages.
5. According to the U.S. Centers for Disease Control and Prevention, the spread of the common cold among children can be controlled most effectively by:
- A. teaching children proper handwashing techniques.
 - B. making sure children receive required immunizations.
 - C. making sure children get at least eight hours of sleep each night.
 - D. providing children with a varied and nutritious diet.
6. Jalissa has recently returned to the workforce in a full-time job that offers benefits. The health insurance provided by her employer would cost her family less in both premiums and out-of-pocket expenses than the plan her husband currently carries. In evaluating which health plan is best for the family, it is most important that Jalissa and her husband first determine:
- A. how soon Jalissa is eligible for enrollment in her employer's plan.
 - B. where in the family budget the extra money could be used.
 - C. how long the family can continue to carry each plan if Jalissa's or her husband's employment status changes in the future.
 - D. which physicians, specialists, and facilities are affiliated with each plan.
7. Jamar has switched to buying lean red meat instead of other cuts of red meat in an effort to reduce the amount of saturated fat in his diet. This change may reduce his risk of developing which of the following health problems?
- A. diabetes
 - B. an iron deficiency
 - C. heart disease
 - D. a magnesium deficiency

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8. The primary benefit of anaerobic exercise is that it:
- A. increases oxygen intake to muscles.
 - B. burns calories effectively.
 - C. increases blood flow to the brain.
 - D. builds muscle strength.
9. Which of the following steps should be taken *first* to minimize costs and conserve time in purchasing food for a family?
- A. Take an inventory of household staple goods.
 - B. Create a menu plan on which the shopping list will be based.
 - C. Consider dietary restrictions and personal food preferences.
 - D. Determine when to go shopping in order to make best use of sales.
10. In commercial settings, food portions are determined primarily by:
- A. ensuring that equal amounts of each menu item are provided.
 - B. considering the nutritive value of each component of the meal.
 - C. considering the overall aesthetic qualities of the meal.
 - D. calculating the costs associated with serving each menu item.
11. HACCP guidelines suggest that the *first* step in developing a food-safety management system at a food service establishment should be to:
- A. develop a system to document food-safety-related procedures.
 - B. create procedures to monitor compliance with food-safety regulations.
 - C. identify potential hazards in current food-safety procedures.
 - D. consider ways to correct various types of food-safety problems.

ANNOTATED ANSWER KEY

For question	The correct response is	Reason	Test Objective
1	A	Todd's sister has made an effort to resolve the conflict between them by offering Todd an apology for hurting his feelings. Todd's continuing to focus on his negative feelings about the incident creates a barrier between himself and his sister. While he does not need to change his opinion of his sister's remark, if Todd wishes to have a positive relationship with his sister, he will need to accept her apology and let go of the issue.	0001
2	B	At this point, in order for Carole and Jake to make a good decision, they should carefully consider the possible benefits and consequences of relocating and of remaining in their current community. This will help Carole and Jake assess both options in relation to their values and goals, and help them make the decision that is best for them.	0002
3	C	Although Gayle's goal of eliminating injustice in her community is her passion, it is important for her to think about how this goal may affect her goals in other areas of her life and plan accordingly to ensure that she can both pursue this goal and maintain a well-balanced life. This will help her avoid potential burnout by making sure she plans time for herself (e.g., building and maintaining relationships, enjoying recreational activities, pursuing other interests).	0003
4	D	According to Piaget's theory, children pass through a series of stages in their cognitive development. Each stage is typically reached within a certain age range and is marked by greater cognitive abilities in processing, retaining, and understanding information.	0004
5	A	The common cold is easily spread when a person comes into contact with a cold virus, then touches his or her eyes, nose, or mouth. According to the Centers for Disease Control and Prevention, teaching children proper hand-washing techniques and encouraging frequent hand-washing is the most effective way to prevent the spread of this illness.	0005
6	D	Jalissa's family will save money in health insurance costs if it switches to her employer's health plan. However, these financial savings need to be evaluated in terms of the plan's coverage. By comparing the physicians, specialists, and facilities offered by both plans, Jalissa and her husband can determine which plan best meets the needs and preferences of their family.	0006

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For question	The correct response is	Reason	Test Objective
7	C	Many scientific studies have identified a link between a diet high in saturated fat and the development of heart disease. Therefore, consuming less saturated fat may help reduce Jamar's risk of developing this disease.	0007
8	D	Anaerobic exercises, such as weight lifting, sprinting, and calisthenics are activities that use the muscles at high intensity for a short period of time. Anaerobic exercises are an effective way to develop or improve muscle strength and endurance.	0008
9	B	Creating a shopping list based on planned menus conserves time by ensuring that the foods needed for meals are purchased in advance and available for meal preparation. In addition, having a grocery list helps curb impulse shopping and prevents buying food in excess or purchasing items that are not needed.	0009
10	D	When selling prepared foods, a food service business begins determining food portion size by calculating the costs of ingredients, labor, and overhead involved in preparing and delivering the portion to a consumer. Once those costs are calculated, the portion size is determined to allow the portion to be prepared and served profitably.	0010
11	C	According to HACCP guidelines, potential hazards within a food service establishment need to first be identified before a food-safety management system can be adequately planned. Once those potential hazards have been identified, the food service establishment can develop a safe and effective food safety management system.	0011